

Sameer D. Saini, MD, MS

Investigator
HSR&D Center of Excellence
Ann Arbor VA Healthcare System
2215 Fuller Road - IIID
Ann Arbor, MI 48105

Clinical Lecturer
Division of Gastroenterology
University of Michigan Hospitals
1500 E. Medical Center Drive
Ann Arbor, MI 48109

(734) 845-5865

sdsaini@umich.edu

Title and Contents	1
Education and Training	2
Certification and Licensure	2
Academic, Administrative, and Clinical Appointments	2-3
Research Interests	3
Grants	3
Honors and Awards	3-4
Memberships in Professional Societies	4
Teaching	4-5
Committee, Organizational, and Volunteer Service	6
Visiting Professorships, Seminars, and Extramural Invited Presentations	6-7
Bibliography	8-11

Sameer D. Saini, MD, MS

Investigator
HSR&D Center of Excellence
Ann Arbor VA Healthcare System
2215 Fuller Road - IIID
Ann Arbor, MI 48105

Clinical Lecturer
Division of Gastroenterology
University of Michigan Hospitals
1500 E. Medical Center Drive
Ann Arbor, MI 48109

(734) 845-5865

sdsaini@umich.edu

EDUCATION AND TRAINING

- 9/1991-5/1995 Bachelor of Arts, Psychoacoustics
Brown University, Providence, RI
- 8/1997-5/2001 Doctor of Medicine
Brown University, Providence, RI
- 6/2001-6/2004 Internal Medicine Categorical Residency Program
University of Michigan Health System, Ann Arbor, MI
- 2/2003-5/2003 Introductory Course in Clinical Research Methods
University of Michigan Health System, Ann Arbor, MI
- 7/2005-12/2007 Masters in Health and Health Care Research
Masters Core Curriculum
Robert Wood Johnson Clinical Scholars Program
University of Michigan, Ann Arbor, MI
- 6/2006 Evidence-Based Clinical Practice Workshop
McMaster University, Ontario, Canada
- 7/2005-6/2008 Gastroenterology Fellowship Program
University of Michigan Health System, Ann Arbor, MI

CERTIFICATION AND LICENSURE

- Medical Licensure: State of Michigan: January 2004, January 2008
- Certification: ABIM Board-Certified in Internal Medicine: August 2004
ABIM Board-Certified in Gastroenterology: November 2008
USMLE Steps 1, 2, and 3 completed

ACADEMIC, ADMINISTRATIVE, AND CLINICAL APPOINTMENTS

Academic Appointments

- 7/2004-6/2005 Chief Medical Resident
University of Michigan Health System, Ann Arbor, MI

7/2008-present	Investigator Health Services Research and Development VA Medical Center, Ann Arbor, MI
----------------	--

Clinical Appointments

7/2004-6/2005	Staff Physician, Internal Medicine VA Medical Center, Ann Arbor, MI
---------------	--

7/2008-present	Staff Physician, Gastroenterology VA Medical Center, Ann Arbor, MI
----------------	---

RESEARCH INTERESTS

GRANTS AND FUNDING

7/2008-6/2009	Clinical Research Award (Principal Investigator) Time Trends in Colonoscopy Volume in the United States American College of Gastroenterology
8/2008-7/2009	Clinical Research Award (Principal Investigator) Utilization of Gastroprotection in Patients Undergoing PCI AstraZeneca
10/2009-9/2011	VA IIR 08-062-2 (Co-Investigator) Yield of Colonoscopy in the VA Health Care System Department of Veterans Affairs
11/2009-5/2013	VA IIR IBD-09-105 (Co-Investigator) Preparing to Discuss Genetic Test Results for Colorectal Cancer Risk Department of Veterans Affairs
10/2010-10/2015	VA CDA 09-213-2 (VA HSR&D CDA-2 Career Development Award) Medical Decision-Making in Screening and Surveillance Colonoscopy Department of Veterans Affairs
7/2010-6/2011	VA LIP 41-112 (Principal Investigator) Making Informed Decisions About Screening For Colon Cancer Department of Veterans Affairs

HONORS AND AWARDS

1991	Hartschorn Mathematics Prize Brown University, Providence, RI
------	--

2000	David Gill Memorial Scholarship Brown University, Providence, RI
8/1997-05/2001	Honors in Internal Medicine, Nephrology, Critical Care, Surgery, Obstetrics & Gynecology, Emergency Medicine, Pediatrics, Psychiatry, Pathophysiology, Pathology, Neuroscience, and Public Health Brown University, Providence, RI
5/2001	<i>Sigma Xi</i> Honor Society
	1/2002 Intern of the Month University of Michigan Health System, Ann Arbor, MI
7/2004-6/2005	Chief Medical Resident University of Michigan Health System, Ann Arbor, MI
10/2006	ACG/Olympus Award
10/2006	ACG/AstraZeneca Senior Fellow Abstract Award
6/2007	Tutor-Trainee Evidence-Based Clinical Practice Workshop McMaster University, Ontario, Canada
10/2007	ACG/AstraZeneca Senior Fellow Abstract Award

MEMBERSHIPS IN PROFESSIONAL SOCIETIES / ACTIVITIES

American College of Gastroenterology

American Gastroenterological Association

American Society of Gastrointestinal Endoscopy

TEACHING ACTIVITIES

5/2000-5/2001	Preceptor, Student-Run Health Clinic Brown University, Providence, RI
1/2003	Facilitator, GI Pathophysiology 2 nd -year Medical Student Small Group University of Michigan Health System, Ann Arbor, MI
2/2005	Facilitator, GI Pathophysiology 2 nd -year Medical Student Small Group University of Michigan Health System, Ann Arbor, MI
9/2003-4/2004	Clinical Skills Instructor for 2 nd -year Medical Students University of Michigan Health System, Ann Arbor, MI

7/2004	Presenter, Internal Medicine Seminar, "Pulmonary-Artery Catheters" University of Michigan Health System, Ann Arbor, MI
7/2004	Attending Physician, General Medicine Inpatient Service VA Medical Center, Ann Arbor, MI
7/2004-6/2005	Preceptor, Homeless Shelter Clinic University of Michigan Health System, Ann Arbor, MI
7/2004-6/2005	Seminar for 3 rd -year Medical Students (weekly for 6 months) University of Michigan Health System, Ann Arbor, MI
7/2004-6/2005	Seminar for 4 th -year Medical Students (weekly for 3 months) University of Michigan Health System, Ann Arbor, MI
7/2004-6/2005	Interns' Report (weekly for 6 months) University of Michigan Health System
7/2004-6/2005	Ambulatory Morning Report (daily for 3 months) University of Michigan Health System, Ann Arbor, MI
7/2004-6/2005	Residents' Morning Report (daily for 6 months) University of Michigan Health System, Ann Arbor, MI
8/2005	Facilitator, EBM 1st-year Medical Student Small Group University of Michigan Health System, Ann Arbor, MI
2/2006	Facilitator, EBM 2 nd -year Medical Student Small Group University of Michigan Health System, Ann Arbor, MI
8/2006	Facilitator, EBM 1st-year Medical Student Small Group University of Michigan Health System, Ann Arbor, MI
8/2007	Facilitator, EBM 1st-year Medical Student Small Group University of Michigan Health System, Ann Arbor, MI
9/2007-11/2007	Physician Consultant, Biotechnology and Human Values Course University of Michigan College of Engineering, Ann Arbor, MI
10/2007	Facilitator, GI Outcomes Research Conference, "Systematic Reviews" University of Michigan Health System, Ann Arbor, MI
1/2008	Facilitator, GI Outcomes Research Conference, "Systematic Reviews" University of Michigan Health System, Ann Arbor, MI
10/2008	Facilitator, EBM 1st-year Medical Student Small Group University of Michigan Health System, Ann Arbor, MI
8/2010	Facilitator, EBM 1st-year Medical Student Small Group University of Michigan Health System, Ann Arbor, MI

COMMITTEE, ORGANIZATIONAL, AND VOLUNTEER SERVICE

Committee

9/2003-6/2005	Co-Chair, Residency Education Committee University of Michigan Health System, Ann Arbor, MI
7/2006-6/2008	Member, Fellowship Education Committee University of Michigan Health System, Ann Arbor, MI

Organizational

2010-present	Lead Clinician, Gastroenterology Clinics VA Ann Arbor Healthcare Systems, Ann Arbor, MI
--------------	--

Volunteer And Community Service

9/1992-5/1995	Director, <i>A Cappella</i> Singing Group Brown University
7/1995-2/1996	Teacher, U.S. Peace Corps The Gambia, West Africa
6/1998-8/1998	Volunteer, Chandigarh Medical Center Chandigarh, India
9/1998-11/1998	Medical Student Radio Program Brown University School of Medicine
2/1999-5/1999	AMA Organ Donor Awareness Project Providence, RI
5/2000-5/2001	Faculty Coordinator, Student-Run Free Clinic Providence, RI
7/2004-6/2005	Preceptor, Homeless Shelter Clinic Ann Arbor, MI

VISITING PROFESSORSHIPS, SEMINARS, AND EXTRAMURAL INVITED PRESENTATIONS

5/2004	Invited Speaker, ABIM Recertification Made Easy Digestive Diseases Week, New Orleans, LA
9/2004	Faculty Instructor AGA ABIM Recertification Review Course, Chicago, IL
2/2010	Invited Speaker, GI Oncology University of Michigan GI/Liver Wrap-Up

5/2010	Presenter, Video Abstract AGA Institute Journals, Gastroenterology
6/2010	Section Editor, Lower GI Best of DDW 2010
7/2010	Invited Speaker, GI Oncology University of Michigan GI/Liver Wrap-Up

BIBLIOGRAPHY

Peer Reviewed Journals and Publications

1. Cohen Y, Spirito A, Apter A, **Saini S**. A cross-cultural comparison of behavior disturbance and suicidal behavior among psychiatrically hospitalized adolescents in Israel and the United States. *Child Psychiatry Hum Dev*. 1997;28(2):89-102.
- 2.(PR) **Saini SD**, Kim HM, Schoenfeld P. Incidence of advanced adenomas at surveillance colonoscopy in patients with a personal history of colon adenomas: a meta-analysis and systematic review. *Gastrointest Endosc*. 2006;64(4):614-26.
- 3.(PR) **Saini SD**, Schoenfeld P, Fendrick AM, Scheiman J. Cost-effectiveness of Proton Pump Inhibitor Cotherapy in Patients Taking Long-term, Low-Dose Aspirin for Secondary Cardiovascular Prevention. *Archives of Internal Medicine*. 2008; 168(15):1684-1690. [PMID 18695083]
4. Rubenstein JH, **Saini SD**, Kuhn L, McMahon L, Sharma P, Pardi DS, Schoenfeld P. Influence of Malpractice History on the Practice of Screening and Surveillance for Barrett's Esophagus. *American Journal of Gastroenterology*. 2008; 103(4):842-849. [PMID 18076733]
- 5.(PR) **Saini SD**, Eisen G, Mattek N, Schoenfeld P. Utilization of upper endoscopy for surveillance of gastric ulcers in the United States. *Am J Gastroenterol*. 2008; 103(8):1920-1925. [PMID 18796092]
- 6.(PR) **Saini SD**, Nayak RS, Kuhn L, Schoenfeld P. Why don't gastroenterologists follow colon polyp surveillance guidelines? Results of a national survey. *J Clin Gastro*. 2009; 43(6):554-558. [PMID 19542818]
7. **Saini SD**, Schoenfeld P, Kaulback K, Dubinsky MC. Effect of medication dosing frequency on adherence in chronic diseases. *Am J Manag Care*. 2009; 16(6):e22-33 [PMID 19514806].
8. Volk ML, Tocco R, **Saini SD**, Lok AS. Public health impact of antiviral therapy for hepatitis C in the United States. *Hepatology*. 2009 Dec;50(6):1750-5. [PMID: 19824079]
- 9.(PR) **Saini SD**, Schoenfeld P, Vijan S. Surveillance colonoscopy is cost-effective for patients with adenomas who are at high risk of colorectal cancer. *Gastroenterology* 2010. Jun;138(7):2292-229. Epub 2010 Mar 10. [PMID: 20226186]

Accepted

1. Casado R, Schieman J, **Saini SD**, Polo-Tomas M, Rio D, Guastello E, Lanas A. Underutilization of gastroprotection for at gi risk patients undergoing percutaneous coronary intervention. Accepted by *Alimentary Pharmacology and Therapeutics*, June 2010.
2. **Saini, SD**, Fendrick, AM. Value-based insurance design: implications for gastroenterology. Accepted by *Clinical Gastroenterology and Hepatology*, May 2010.

Submitted

1. Sharma P, **Saini SD**, Kuhn LB, Rubenstein JH, Pardi DS, Marrero JA, Schoenfeld PS. Knowledge of hepatocellular carcinoma screening guidelines and current practices: results of a national survey. Submitted to American Journal of Gastroenterology, April 2010.
2. **Saini SD**, Fendrick AM, Scheiman J. Cardiovascular benefits of proton pump inhibitor co-therapy in patients using aspirin for secondary prevention: results of a Markov model. Submitted to Journal of the American College of Cardiology, June 13, 2010.
3. Elmunzer BJ, Padhya KT, Lewis JJ, Rangnekar AS, **Saini SD**, Eswaran SL, Deo R, Pagani FD, Haft JW, Waljee AK. Gastrointestinal bleeding in patients with ventricular assist devices: etiologies, risk factors, outcomes, and the utility of endoscopy. Submitted to American Journal of Gastroenterology, June 14, 2010.

Non-Peer Reviewed Publications

1. Saini SD, Mangrulkar RS. Applying evidence to decisions about colorectal cancer screening: how to use a clinical practice guideline. Semin Med Pract 2005; 8:31.
2. Saini, SD, Schoenfeld, P. Colorectal cancer screening for the masses. Evid Based Gastro. 2006; 7(1): 9-10.
3. Saini SD, Rubenstein JH. Models: do they answer the question? Gastrointest Endosc. 2008 Nov; 68(5):937-9. [PMID: 18984101]

Chapters in Books

1. Schoenfeld, PS, Ed. Collier, K, Pompa, R, **Saini, S**, Saini, S. (2004). AGA Guidebook to ABIM Recertification: General Internal Medicine Supplement, American Gastroenterological Association.
2. **Saini S**. Infectious Diseases. In: Paauw D, ed. Board Basics. Philadelphia: American College of Physicians; 2006.

Abstracts, Posters, Preliminary Communications, Panel Discussions

1. **Saini S**, Schoenfeld PS. Does published data support recent multi-society colon polyp surveillance guidelines? A systematic review of the evidence. Poster presentation, Digestive Diseases Week, New Orleans, LA, May 2004.
2. **Saini S**, Schoenfeld PS. Does published data support recent multi-society colon polyp surveillance guidelines? A systematic review of the evidence. Oral presentation, University of Michigan Research Symposium, Ann Arbor, MI, May 2004.
3. **Saini S**, Nayak RS, Bernard L, Schoenfeld PS. Knowledge of colorectal polyp surveillance guidelines and current practices: results of a national survey. Oral presentation, Digestive Diseases Week, Chicago, IL, May 2005.

4. **Saini SD**, Schoenfeld PS. Cost-effectiveness of omeprazole for the primary prevention of gastrointestinal bleeding in patients on long-term, low-dose aspirin. Oral presentation, American College of Gastroenterology Annual Meeting, Las Vegas, NV, October 2006 (ACG/AstraZeneca Senior Fellow Abstract Award).
5. **Saini SD**, Schoenfeld PS, Vijan S. An effectiveness and cost-effectiveness analysis of surveillance colonoscopy in patients with a personal history of adenomas. Oral presentation, American College of Gastroenterology Annual Meeting, Las Vegas, NV, October 2006 (ACG/Olympus Award).
6. **Saini SD**, Fendrick AM, Scheiman J. The clinical and economic effects of proton-pump inhibitor co-therapy in patients on long-term, low-dose aspirin. Poster presentation, Digestive Diseases Week, Washington, DC, May 2007.
7. Saini SD, Volk M, Vijan S. The clinical and economic effects of falling Medicare reimbursement rates for colonoscopy: is pay-for-performance the answer? Oral presentation, Digestive Diseases Week, Washington, DC, May 2007.
8. **Saini SD**, Scheiman J. The clinical and economic effects of hemo-clips for high-risk bleeding ulcers: are they likely to be worth the money? Poster presentation, Digestive Diseases Week, Washington, DC, May 2007.
9. **Saini SD**, Sharma P, Rubenstein JH, Pardi DS, Bernard L, Schoenfeld PS. Knowledge of colon polyp surveillance guidelines and current practices amongst gastroenterologists preparing for certification or re-certification examinations. Poster presentation, Digestive Diseases Week, Washington, DC, May 2007.
10. Saini SD, Eisen GM, Mattek N, Schoenfeld PS. Utilization of upper endoscopy for surveillance of gastric ulcers: results from the national endoscopic database. Poster presentation, Digestive Diseases Week, Washington, DC, May 2007.
11. Singh MS, **Saini S**, Fisher L, Takami M. Negative serologic testing for Crohn's disease is highly predictive of absence of small intestinal inflammation on capsule endoscopy: results from a single academic center. Abstract, Digestive Diseases Week, Washington, DC, May 2007.
12. Rubenstein JH, **Saini S**, Kuhn L, McMahon LF, Sharma P, Schoenfeld PS. Prior malpractice defendants recommend aggressive use of screening and surveillance for esophageal adenocarcinoma. Abstract, Digestive Diseases Week, Washington, DC, May 2007.
13. **Saini SD**, Vijan S, Schoenfeld PS. Missed cancers versus procedure-related complications: balancing the medico-legal risks of surveillance colonoscopy. Oral presentation, American College of Gastroenterology Annual Meeting, Philadelphia, PA, October 2007 (ACG/AstraZeneca Senior Fellow Abstract Award).
14. Sharma P, **Saini S**, Rubenstein J, Bernard L, Pardi D, Marrero J, Schoenfeld P. Knowledge of hepatocellular carcinoma screening guidelines and current practices: results of a national survey. Abstract, American College of Gastroenterology Annual Meeting, Philadelphia, PA, October 2007.

15. Fehmi SA, **Saini S**, Chey W. Uncommon presentation of PTLD in the esophagus. Abstract, American College of Gastroenterology Annual Meeting, Philadelphia, PA, October 2007.
16. **Saini SD**, Schoenfeld P, Vijan S. An effectiveness and cost-effectiveness analysis of surveillance colonoscopy in patients with a personal history of adenomas. Oral presentation, HSR&D National Meeting, Baltimore, MD, February 2009.
17. **Saini SD**, Lieberman D, Holub J, Peters D, Schoenfeld P. Time trends in colonoscopy volume in the United States from 2002 to 2007. Poster presentation, Digestive Diseases Week, Chicago, IL, June 2009.
18. Lanas A, Guastello L, Casado R, **Saini SD**, Polo-Tomas M, Scheiman J. High-risk patients for GI bleeding on dual antiplatelet therapy in Spain are more like to receive PPI therapy than their American peers. Abstract, Digestive Diseases Week, Chicago, IL, June 2009. Gastroenterology, Volume 136, Issue 5, Supplement 1, May 2009, Pages A-610.
19. Guastello L, **Saini SD**, Scheiman J. Proton-pump inhibitor prescription in high-risk patients cardiac patients: a missed opportunity? Abstract, Digestive Diseases Week, Chicago, IL, June 2009.
20. Fehmi SA, Choksi N, **Saini SD**, Elta GH, Schoenfeld PS. Risk of Perforation During Colonoscopy: A Systematic Review and Meta-Analysis. Gastroenterology, Volume 136, Issue 5, Supplement 1, May 2009, Pages A-39.
21. Kang H, **Saini SD**, Lok AS. Emergence and Resolution of Diabetes and Hypertension Post-Liver Transplantation. Gastroenterology, Volume 136, Issue 5, Supplement 1, May 2009, Pages A-814.